

THE RESOURCE NEWS

A free quarterly publication by the Metro CCR&R Resource Team of Washington County which is partly funded by The Washington County Commission on Children and Families.

**Community Action Organization
1001 SW Baseline
Hillsboro, OR 97123**

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June, July, August, 1999



When Miranda Came To Play

by: Roni Pham



Her smile was as bright and shiny as her golden hair. Her laugh was so contagious that when she laughed, everyone laughed with her. As I watched her, I noticed that she took large, deliberate steps, moving her round two-year-old body slowly around the living room. She took a few awkward steps toward an object a few feet away, but fell several times before arriving at her destination. She never seemed to mind falling, she rocked her large body back and forth until she was upright and once again proceeded on. She made many joyous sounds, none of which were understandable words at this time. I did not know on that day how much this child would affect my Family Child Care home.

Miranda's Mom, Jenny and I sat at the table to talk about the policies and procedures of my child care program. We discussed what Miranda's day would be like if she were to enroll in my program. Jenny then shared with me that they had just started working with Early Intervention, the school district's program for very young children with special needs. The term Jenny used to describe her daughter was "Developmentally Delayed". Jenny had just started learning these new terms and before long, she learned all the acronyms, abbreviations and other terminology that before had been foreign to her. She learned about regulations, rules, policies, laws and medical terms that would overwhelm any parent. Jenny then told me that Early Intervention had worked with her family and Miranda to create an Individual Family Service Plan (IFSP). This document told Miranda's story. It gave information about her history, specific facts about her development and information about the specific skills that she had mastered, as well as target goals to help Miranda realize her full potential. It also listed the team members that would work with Miranda and her family to help her reach her goals. The IFSP gave me a better understanding of Miranda's needs as I began caring for her. It helped me to understand where she was developmentally, as well as areas to focus on to help her meet each developmental goal.



When Miranda Came to Play, Continued . . .

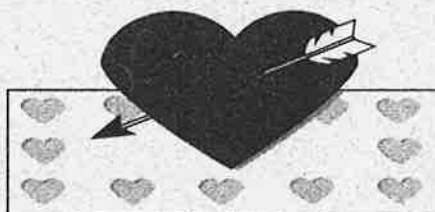
Having Miranda in my care heightened my awareness of how important it is to treat all children as individuals. I enjoyed watching the experiences and seeing the growth that each child in my care went through because of Miranda. I realized that my personal and professional growth was accelerating as I thought more about my values and philosophy of how I worked with children. How lucky for all of us that Miranda came to play!

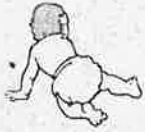


Miranda's "team" included an Early Childhood Education Specialist, Occupational Therapist, Speech Therapist and a Physical Therapist. They were always rooting for Miranda. I invited each of the "team" members into my home to show me how best to help Miranda. The first team member to come was the Occupational Therapist (O.T.). She came into my home and took a quick look around and began to show me how a few changes in my environment would help Miranda meet her goals. I didn't even need special equipment! Some things I had to adapt slightly or just use in a different way. I was so surprised at how easy everything was going. It was actually fun to use my equipment in these creative ways to help Miranda. I would never have thought that having Miranda sit on a basketball while she did puzzles at the table would help her with her balance. Miranda loved the "squish the ball" game, where she would stand on one leg and put her other foot on a ball and try to squish it slowly to the floor. When she did this slowly she could hear a whistle like sound coming from the ball. These easy "games" were a tremendous help to Miranda achieving her balance. Strategically placed mirrors around the house made it easier for us to model various actions for Miranda so that she could then see herself do - like chewing for example.

Miranda was so loved by each child that they quickly became her friends and coaches. I remember hearing, "Miranda come see", from a child who had set up a "helping game" that had been modeled by the O.T. at an earlier visit. As long as Miranda had a buddy to play with she was up for any game.

I later learned a technical term for our experience with Miranda – **inclusion**. We were practicing inclusion. Inclusion simply means that the caregiver has created a program where children's individual needs, regardless of whether or not they have a disability, are met through developmentally appropriate practice and quality care and education. In simpler terms, inclusion means that we took the time to make sure that Miranda fit into our group. We were thankful that we had been included in Miranda's world. I have never been able to determine who benefited most from our time together – The Kids – Me – or Miranda. **Thank you Miranda!!**





NORTHWEST REGIONAL EDUCATION SERVICE DISTRICT
EARLY INTERVENTION/EARLY CHILDHOOD SPECIAL EDUCATION

What is Early Intervention/Early Childhood Special Education?

Early Intervention (EI) services are provided for eligible children birth to three years of age and are designed to meet the developmental needs of each child. Early Childhood Special Education (ECSE) is provided for eligible children ages three years old to school age, and is specially designed instruction to meet the unique developmental needs of the individual child. To qualify for EI/ECSE services a child must be individually evaluated by a team of professionals and determined eligible.

A child who is suspected of having problems related to the following can be referred to EI/ECSE:

- ▶ Developmental Delays
- ▶ Hearing
- ▶ Motor (large & small muscle)
- ▶ Behavior
- ▶ Vision
- ▶ Speech and language
- ▶ Socialization (relating to others)
- ▶ Learning

Who can refer children and their families for services?

- ▶ Families
- ▶ Preschools
- ▶ Physicians
- ▶ Child care programs
- ▶ Any community agency

Services may include a combination of the following:

- ▶ Evaluation
- ▶ Physical therapy
- ▶ Speech therapy
- ▶ Hearing services
- ▶ Developmental consultation/education
- ▶ Occupational therapy
- ▶ Vision services
- ▶ Assistive technology

These services may be provided in any of the following settings:

- ▶ Home
- ▶ Hospitals
- ▶ Toddler groups
- ▶ Skill groups
- ▶ Preschools and classrooms
- ▶ Parent groups
- ▶ Child Care settings

Once a child has been referred for services, the child may receive a developmental screening and/or be recommended for a developmental evaluation. Trained staff complete observations, conduct diagnostic evaluations and gather information from parents. A team of professionals, together with the child's parents then develop an individualized family service plan (IFSP). This plan includes the child's abilities and needs, services to be provided, family outcomes related to the child's needs, and finally goals and objectives reflecting both the child's developmental and special education needs. To make a referral for screening and/or evaluation for children ages birth to kindergarten in Washington County, please call 690-5446.





Washington County Chapter of the Oregon Association for the Education of Young Children

News from Your Washington County Chapter of OAEYC

Your chapter has completed some major projects, which allows time to begin new ones.

Accreditation Information Meeting for Directors on April 9. About 20 people attended to find out more about National Association for the Education of Young Children (NAEYC) center accreditation. There are currently three accredited centers in Washington County: A Child's Way in Cedar Mill, Sequent Learning Center in Beaverton, and KinderCare of Legacy Meridian Park Hospital in Tualatin. Will your center be next? We hope so.

Children's Fair at Pacific University on April 24. We joined the fun to help celebrate the Week of the Young Child. Our chapter sponsored a bubble activity with different types of homemade bubble blowers and lots and lots of big bubbles.

Job Fair on May 8. It provided an opportunity for programs to recruit new staff and for individuals to learn about the various employment opportunities in childhood care and education in Washington County.

We have lots of other projects underway and in mind for the future, and we need your help. Call Donna Bennington, 648-7112 or Norma Hernandez, 357-4594, to learn more.



Family Child Care Collaboration



Attention Child Care Providers:

Are you a Registered Family Child Care or Certified Group Home?

Do you participate in the ABC Soup Child Care Food Program?

Do you live in the Hillsboro area?

Do you have 2 to 3 available openings?

Would you like to receive reimbursement for providing full-time child care for 2 to 3 Head Start children, ages 3-4 years old?

Community Action Head Start is beginning a partnership/collaboration with professional Family Child Care providers in the Hillsboro area. Providers involved in the partnership will be required to meet Head Start health and safety requirements and curriculum standards. Head Start will provide the following to assist providers in reaching the standards: Head Start Curriculum and support, professional training toward your Child Development Associate (CDA) and Oregon's Professional Development Registry (PDR), the use of educational materials from our Toy Lending Library and resource center, and free enrollment in The Learning Circle, which provides on-site literacy training. You will also receive funds from Head Start including Adult and Family Services (AFS) payments for each Head Start child enrolled.

Head Start is coordinating this project through a partnership with ABC Soup, Metro Child Care Resource & Referral, Adult and Family Services, and The Learning Circle. Providers who are interested in the project or would like more information can contact Georgiana McQuown at Community Action Head Start, 693-3264.



Summer Activities

Enjoy the summer sunshine by going on a **Summer Safari**. This activity is sure to be a winner because it combines art, dramatic play and snack!

WHAT YOU WILL NEED:

- Toilet paper tubes (2 per child)
- Khaki paint
- Yarn
- "Office dot" stickers
- Paper bowls (1 per child)
- Glue
- Construction paper
- One large melon

Spend the morning making Safari uniforms with the kids. Glue toilet paper tubes together (side by side), and add yarn neckbands to make binoculars. Add string to the paper bowls to make Safari hats. Then paint everything khaki or green. This is a good opportunity to discuss the concept of camouflage with the kids. Tell them they will need to blend in with their surroundings to go on the safari . . .

While the children are napping, place office dots on the outside of the melon so it looks like a giant, exotic speckled egg - Dinosaur egg, Ostrich egg, its up to you! Hide the "egg" in the yard or on the playground. Use the construction paper to make "large" foot prints that lead to the egg.

When the children are ready for afternoon snack, they can put on their safari uniforms and go on a Safari and discover the "tracks". The exotic "egg" makes a great snack, perfect for a summer picnic.



Call the **Oregon Zoo** at 226-ROAR to plan exciting field trips for the summer.

Summer hours for the Zoo are 9am-6pm every day and rates are:

Children 2 and under FREE!

Children 3-11 yrs \$3.50

Adults \$5.50

Seniors \$4.00



SUMMER 1999 WORKSHOP SCHEDULE



Workshops are sponsored by the Metro CCR&R - Resource Team of Washington County.
You MUST PRE-REGISTER by calling 693-3241.

Workshop #1 - Title: Science-The Big Idea Approach

Date: 7/29/99 Time: 7-9pm

Presenter: Donna Bennington

Fee: \$10

CDA Competency: # 2

Description: Learn to develop a science curriculum that is fun, easy, engaging and uses a problem-solving approach. Go beyond "cute" activities. Hands-on activities and planning time will be given.

Location: Community Action Organization, 1001 SW Baseline, Hillsboro

Workshop #2 - Title: What is the CDA?

Date: 8/26/99 Time: 7-9pm

Presenter: Roni Pham

Fee: \$10

CDA Competency: # 6

Description: Explore the Child Development Associate (CDA) credentialing process. Learn why you would want one and how to achieve it.

Location: Tualatin Valley Fire and Rescue Training Center, 20665 SW Blanton, Aloha

Workshop #3 - Title: Adventures in Dramatic Play

Date: 9/16/99 Time: 7-9pm

Presenter: Jenny Choban

Fee: \$10

CDA Competency: #3

Description: Discuss the importance of dramatic play in children's development. Explore new ideas, which go beyond the "housekeeping corner".

Location: Community Action Organization, 1001 SW Baseline, Hillsboro

Saturday Seminar #1 - Title: Outdoor Environments

Date: 6/26/99 Time: 9am-12pm

Presenter: Farzana Siddiqui

Fee: \$15

CDA Competency: #2

Description: Learn the basics of outdoor teaching and how children develop a greater understanding and appreciation of nature. Explore science and art in nature, solar cooking and learning to create craft projects using materials from the environment.

Location: Community Action Organization, 1001 SW Baseline, Hillsboro

Saturday Seminar #2 - Title: Creating Professional Portfolios

Date: 7/10/99 Time: 9am-12pm

Presenter: Jennifer Choban

Fee: \$15

CDA Competency: #6

Description: Begin creating your professional portfolio! We will discuss the elements to include in your portfolio. Presenters will discuss how to adapt your portfolio to serve as a CDA resource file and to apply to the Professional Development Registry. Bring your photos, certificates and your professional self-image!

Location: Community Action Organization, 1001 SW Baseline, Hillsboro

Saturday Seminar #3 - Title: Guiding Toddlers

Date: 8/7/99 Time: 9am-12pm

Presenter: Terry Hadlock

Fee: \$15

CDA Competency: #8

Description: Consideration of toddler development as applied to guidance issues.

Location: Tualatin Valley Fire and Rescue Training Center, 20665 SW Blanton, Aloha

PLEASE NOTE:

You must call to pre-register for all classes and **fees** for workshops must be received at our office **prior** to the workshop to guarantee your space. Refunds will be given if you cancel at least two days before the scheduled workshop. Make checks payable to Community Action Organization. **WRITE THE WORKSHOP NUMBER(S) ON YOUR CHECK AND SEND TO:**

Community Action Organization
Metro CCR&R Resource Team
1001 SW Baseline
Hillsboro, OR 97123

View and Reflect

A video training program presented by Metro CCR&R-Resource Team of Washington County



“View and Reflect” is a new approach that enables caregivers to receive additional training by viewing videos, reflecting on the information, and completing a reflection work sheet that is relevant to the information shared on the video. You can find the “View and Reflect” binder in the video section of your local library. The binder holds the reflection work sheets that you need to fill out after viewing a training video. This is how the program works:

1. Choose a video and the corresponding reflection on a topic that you would like to work on.
2. If you cannot find a particular video, go to the Wili-Net system and have it sent from one of the other libraries to your local library.
3. View the video and complete the reflection sheet. Send it to:

**Metro Child Care Resource and Referral-Resource Team
1001 SW Baseline-Hillsboro, OR 97123**

4. You will receive a feedback on your reflection and a training certificate. While you wait for your certificate, call and thank the Youth Services Librarians for purchasing the “View & Reflect” videos.
5. If you have additional questions call the Resource Team at: (503) 693-3241

You Are Invited

To explore the Adult & Family Services (AFS) Subsidy Programs with representatives from:

Adult & Family Services

Direct Pay Unit (DPU) and Child Care Unit (CCU)

Metro Child Care Resource and Referral (CCR&R)

• **Topics will include:**

Roles of AFS departments (DPU & CCU)

Roles of the CCR&R

Working with the AFS system including:

**Parent eligibility*

**Listing forms*

**Billing forms*

**Co-pay*

**Attendance logs*

There will also be an opportunity to discuss issues or ask questions that you may have about Employment Related Day Care (ERDC) or the JOBS subsidy programs.

TITLE: DPU and You
DATE: June 9, 1999
TIME: 7 - 9pm
LOCATION: Tigard AFS Office
10777 SW Cascade Ave., Tigard

Please call Mary Kay at 257-4118 or Roni at 693-3241 if you have any questions.

Hope to see you there!

ReadQuest

The libraries of the Washington County Cooperative Library Services invite you to join their ReadQuest - the 1999 Summer Reading Program. Whether kids are reading on their own, or being read to, children of all ages are welcome and encouraged to participate.

Bring your children to your local Washington County library. Kids can sign up for Summer Reading Program and keep track of the books they read, or have read to them, and they are eligible for prizes. There will be special events and programs for the kids, which are sponsored by the libraries throughout the summer. There will be an end-of-summer Wrap-Up party at Oaks Park too. Pick up a Summer Reading Program schedule for all the details.

Books, videos, music and more await you at the library. Join the adventure and discover what the Youth Services librarians have in store for kids this summer at your local library.

Banks Public Library
111 Market Street
Banks 97106
324-1382

Forest Grove City Library
2114 Pacific Avenue
Forest Grove 97116
359-3247

Sherwood Public Library
955 N. Sherwood Blvd.
Sherwood 97140
625-6688

Beaverton City Library
12500 SW Allen Blvd.
Beaverton 97005
644-2197

Garden Home Community Library
7475 SW Oleson Road
Portland 97223
245-9932

Tigard Public Library
13125 SW Hall Blvd.
Tigard 97223
684-6537

Cedar Mill Community Library
12505 NW Cornell
Portland 97229
644-0043

Hillsboro Public Libraries:
Shute Park Branch
775 SE 10th Avenue
Hillsboro 97123-4798
615-6500

Tualatin Public Library
18880 SW Martinazzi
Tualatin 97062
692-2000

Cornelius Public Library
1355 N. Barlow
Cornelius 97113
357-4093

Tanasbourne Branch
2453 NW 185th Avenue
Hillsboro 97124
615-6500

West Slope Community Library
3678 SW 78th Avenue
Portland 97225
292-6416

Reading... It's A Summer Adventure!

Keeping You in the Know . . .

Metro Child Care Resource & Referral – Mt. Hood Council of Camp Fire will help you find the training opportunities you are looking for.

Metro Child Care Resource & Referral – Mt. Hood Council of Camp Fire Boys and Girls has designed a database of training programs available to child care providers, parents, teachers and the community in the Tri-County area. The database will include a variety of training programs that will meet your needs. Training programs include, but are not limited to:

- ◆ Child Development
- ◆ Communication Skills
- ◆ Developmentally Appropriate Practices
- ◆ Health, Safety, including First Aid/CPR
- ◆ Parenting Skills
- ◆ Curriculum Ideas
- ◆ Practical Business Skills
- ◆ Special Needs Children

How will the database work?

Just call Metro Child Care Resource & Referral – Mt. Hood Council of Camp Fire Boys and Girls in Clackamas County at 656-2530 ext. 27. We will search the database for the training opportunities you are looking for. Training is key to increasing quality child care! We encourage you to take advantage of this free service today.



Funding for this project provided by the Commission on Children and Families

Do You Want to Earn a Child Development Associate Credential (CDA) ?

Community Action Organization has created a program that makes earning your CDA:

- ⇒ Easier
- ⇒ Inexpensive
- ⇒ More fun

You can earn your CDA with other dedicated caregivers like yourself who are acquiring additional education. This group meets every Tuesday from 6:45pm - 8:45pm. Call **693-3241** for more information about the CDA or to ask about enrolling in the class to start your CDA TODAY!!



$7 \times 3 = 21$

Parents

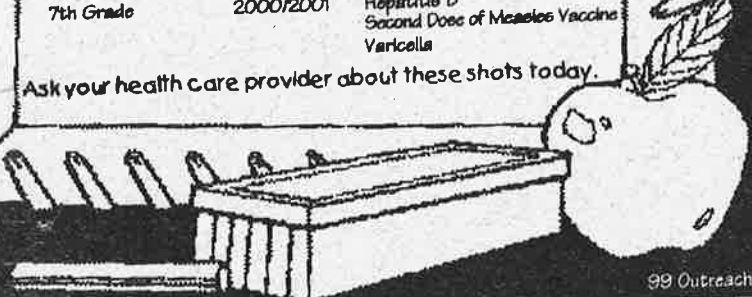
MAKE SURE YOUR CHILD GETS INTO SCHOOL AND CHILD CARE!

The state of Oregon is requiring more shots for school and child care attendance

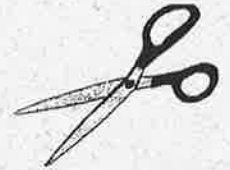
Additional Shots:

If your child will be attending:	Beginning School Year:	He or she needs these additional shots:
Kindergarten or 1st Grade	1999/2000	Hepatitis B Second Dose of Measles Vaccine
	2000/2001	Varicella
Child Care Facility	1998/1999	Hepatitis B
	2000/2001	Varicella
7th Grade	2000/2001	Hepatitis B Second Dose of Measles Vaccine Varicella

Ask your health care provider about these shots today.



99 Outreach



Parents,
keep this
information for
your records!



Please check with your health care provider or call the Washington County Health Department at 693-4955 for more information.



Recommended Immunization Schedule for Children

Elliot says, "Don't Forget Your Shots!"



	birth	month	months	months	months	months	months	years	years	years	
	B	1	2	4	6	12	15	18	4-6	11-12	14-16
Hepatitis B - 1	★										
Hepatitis B - 2			★								
Hepatitis B - 3						★				HEP-B	
Diphtheria, Tetanus, Pertussis (DTP)			★	★	★		★		★		
Tetanus, Diphtheria (Td)											★
Haemophilus type b (Hib)			★	★	★		★				
Polio			★	★			★		★		
Rotavirus			★	★	★						
Measles, Mumps, Rubella (MMR)							★		★	MMR	
Varicella (Chickenpox)								★		VAR	

★ Required for 7th grade entry - Fall school year 2000. Applies to children who do not have a history of the disease or who have not completed the vaccine series.



RESOURCES FOR YOUR SUCCESS



Professional Development Opportunities:

Oregon Child Care Division Registration Class (Overview)	255-5689
Child Care Basics I & II	255-5689
First by Five Modules	725-8527
Portland Community College	244-6111
Child Development Associate Credential (CDA)	1-800-424-4310
CDA classes in Washington County	693-3241
Oregon Association for the Education of Young Children (OAEYC)	692-5311
Washington County Chapter of OAEYC	648-7112
Provider's Resource Organization (PRO)	244-9787
The Resource Team-Metro CCR&R of Washington County	693-3241
The Learning Circle Mobile Training Program (TLC)	693-3235
<i>First Aid & CPR training (to name a few):</i>	
Tualatin Valley Fire and Rescue	625-2065
Red Cross	280-1440
Forest Grove Fire Dept.	359-3240
Legacy Meridian Park Hospital	692-1212
Emergency Resource Training Service	655-9339



Community Resources:

Oregon Child Care Division	1-800-556-6616
Metro Child Care Resource & Referral (Washington County)	253-5000 ext. 4
Adult and Family Services (AFS) Subsidy Specialist	693-3233
Community Action Organization (CAO) Emergency Services	648-0829
Services for Children and Families Abuse Hotline	731-3100
Early Intervention	693-3238
Metro Crisis Intervention	223-6161
Parents Anonymous	1-800-345-5044
Mental Health Services	291-9111
Oregon Poison Center	1-800-452-7165
<i>USDA Food Programs:</i>	
ABC Soup	648-6646
Northwest Nutrition	653-7626
Healthy Child	652-2425
Child Care Support Services	256-5484
Albina Ministerial Alliance	285-6536

THE LEARNING CIRCLE

WHAT: THE LEARNING CIRCLE is a literacy based training program that provides training to child care providers in their environment. TLC mobile trainers will model stimulating storytimes and related activities with the children in your care.

WHO: You and the Metro CCR&R-Resource Team! TLC is available to all child care providers in Washington County.

WHERE: In your center  or family child care home 

WHEN: TLC is a one-hour training session provided once a month for six consecutive months, scheduled at **YOUR CONVENIENCE.**

WHY: Because TLC will help you create a literacy rich environment for children that increases their love of reading.

If you are interested in receiving TLC mobile training or would like more information, please call **Jennifer** at 693-3235 or **Roni** at 693-3241

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