

# WASH CO CAP NEWS

Washington County Community  
Action Organization, Inc.  
558 S. E. 10th. Avenue  
Hillsboro, Oregon 97123

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## HEAD START -----

"No man stands so tall, as he who bends to help a child."

I wish I could give credit to whoever originated that truth; unfortunately, I cannot. But whoever it was, he was a beautiful person, in the best sense of the word.

In essence, it applies to those people who become teachers, again, in the best sense of that overworked word. The truly dedicated teacher, the one to whom we refer when we say he or she has a commitment, is also a beautiful person. There are teachers, and then there are teachers, of course...some of us are lucky enough to have had one teacher through the years of our own experience, one who was truly a teacher. One who had the capability to bring out in us that which was there...which of course is the best and finest definition of education. The real essential definition of the word is derived from the Latin educere, which means (or meant) to lead forth, to draw forth, as something latent; bring out. To bring out that which is there...in other words, to build upon that which we call intelligence in the human being, to help bring out those latent powers inherent in people, to educate them so that they use that intelligence to its fullest.

This, again in essence, is what we attempt to do in Head Start: to take the human intellect in its most formative years of all, to bend to help the young child on his way toward fulfillment. And like most teachers who are real teachers, we may not know, ever, whether or not we succeeded. We can see growth, we can see change, we might even see behavior modification (whatever that is)...or we think we see these things. We may never know whether these are truths. We can only try. And hope.  
John Ulrich  
Head Start Director

TRI-CITY COMMUNITY CENTER (Sherwood) NEWS:  
105-115 N.W. 1st. Street Tel. 625-6893  
Sherwood, Oregon 97140

HELP WANTED: Potential students for GED class available. Need volunteer Instructor. GED classes have not resumed, as promised, after the Christmas Holidays, because we need a volunteer tutor. We are still trying to find a tutor and have contacted several possible volunteers.  
Don't wait for us to find YOU. Qualifications are few, just willingness to give personal time and effort in helping students prepare for GED study and testing.  
Anyone interested call the Sherwood Center, or come by for further details.

The Tri-City Community Center "Clothes Closet" provided three families with badly needed clothing during January. The "Clothes Closet" has asked that we insert in the newsletter a notice for the most needed clothing, and also the clothing in most short supply. Women's and girl's dresses (all sizes) are needed, and there is always a demand for boy's jackets, jeans, socks and shirts. Anyone having any clothing they would like to give to the "Clothes Closet" can leave it at the Sherwood Center, or call the Center and we will try to pick it up if necessary.

There will be a Well-baby and Immunization Clinic at the Center on Thursday, March 5. It will probably be a morning clinic, but please check at the Center for the exact time.

We are sorry to report that the Youth Center did not have the usual monthly dance in January, partly due to a lack of volunteer chaperones. Chaperones are still needed for Fridays from 5 to 9 p.m., and Saturdays from 2:30 to 9 p.m. We would like to thank Susan Berry, Eunice Cochran, Mrs. Watson, Mrs. Louise Baker and Rosalie Baker for the hours they spent chaperoning during January.

Council members of the Tri-City Community Action Center have taken over the responsibility of planning the activities for the Youth Center as of February 1. They will also be contacting people to serve as possible chaperones.

We wish to thank the members of the Beaverton Epsilon Sigma Alpha Sorority for volunteering to pick up and deliver abundant food to families in the Beaverton area. We are also grateful to volunteers in the Tigard and Sherwood areas who have performed this service during the past month.

Minnie Haynes, Aide at the Tri-City Center has been asked to speak to the Human Relations Service Club in Tigard on February 16. She will speak on what community action is doing in the Sherwood, Tigard and Tualatin areas and the part the community can play in volunteer effort, in the various community action projects.

Ruth Tiner, Coordinator for Tri-City Community Center, is still under doctor's care. We regret to report that the seriousness of her back condition will warrant surgery in the near future. Her many friends send wishes for her recovery and return to good health.

Vicki Getchell, who has been the NYC secretary at the center started attending Pacific Business College in Portland on January 26, through the MDTA program.

The next meeting of the Tri-City Community Center Council will be held on Tuesday, February 24, at 8:00 p.m. in Sherwood at the Community Action Center.

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#### FAMILY PLANNING CLINIC

Tuesday, February 17 Time: 7:00 p.m.

Birth Control Materials and Information

Cancer Detection Test (Pap Smear)

No appointment needed

Location: Health Department

150 N. E. 3rd, Hillsboro

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UPPER TUALATIN COMMUNITY CENTER (Gaston) NEWS:  
104 Front Street - Tel. 985-8851  
Gaston, Oregon 97119

A Well-baby Clinic was held at the Upper Tualatin Neighborhood Center on January 22. Because of the efforts of some of our dedicated neighborhood center members, twenty-one parents brought twenty-nine children, many for a first time experience, to the clinic. We hope for continued interest for future clinics.

Through use of a carefully planned mail campaign, reminder telephone calls, signs posted around the area and in various business establishments, and flyers sent home with the grade school children, we were able to inform and make contact with fifteen new families who had never before taken advantage of available resources.

We are planning another mail and phone contact campaign in approximately six weeks, to reach other new people, hoping to attract them to activities originating in our center, or for which the center is used.

Election of officers for the Upper Tualatin Neighborhood Center Council was held on January 8, at the Cherry Grove Gym. Election results were as follows:

Ray Lang - Chairman  
Vernice Durand - Vice Chairman  
Opal Brooks - Secretary  
Ailene Pearson - Treasurer

The new officers of the Council are looking forward to a year of hard work, and are anxious for spring to arrive, as most of the work on our new center building is bogged down in a big mess, commonly referred to as MUD. Beware of when the mud dries up, for we will be calling on all volunteers. Anyone wanting information about the new center please call us at 985-8851.

Gerry Nutt, Community Worker at the Upper Tualatin Center, deserves a special thanks for a job well done in the past month. A visitor to our center left to return to her home for lunch. Within a few minutes, she returned to the center, barely breathing and hardly able to talk. While eating her lunch, a chicken bone caught in her throat. Gerry rushed her to the hospital and at last word she was well on her way to recovery. Through outside resources, Gerry was able to get a wheel chair for a lady who needed it very badly, and thus made a rough situation a little more pleasant.

Donations of clothing and a refrigerator in very good condition have been received. These items will be put to good use within a few days.

The first session in a series of sewing classes was held at the Cherry Grove Gym on January 30. These classes are scheduled for each Friday at 7:30 p.m., and are designed for teens and adults. When attending for the first time each person is asked to bring a simple pattern. Lorraine Lang is acting as instructor for this class. One person has completed a dress, and she was very pleased with her good-looking new outfit.

Two members from our local council attended training sessions offered for Board members. These sessions were offered on two Saturdays during January and were presented by Emma Gross of Western Community Action Training Inc. Our council members who attended felt the sessions were very beneficial and will help them in their work for the local council. We are grateful to Emma Gross for presenting this program and hope to see more of this type of training in the future.

The ground work for a Head Start Program is now underway. Parents of Head Start children are being contacted and we will form a new parent advisory committee on February 12, at our regular monthly council meeting. We regret that once again, we will have to turn away three and four year olds.

Grandma's Corner is approaching the magic number 100, as member 86 was recorded on January 30. We are looking forward to announcing the name of member 100. Our oldest member is 96 years young, and claims he can knit better than any woman can! Activity at Grandma's Corner is still beyond all expectations with sales on several days going over the \$30.00 mark. Sales for the month of January totalled a beautiful \$358.00.

Each month, the senior citizens of Grandma's Corner meet on the first Monday, for a potluck luncheon and business meeting. These meetings are held at the Pacific Power and Light Company Auditorium in Forest Grove. Forty members attended the meeting held on February 2, and enjoyed the delicious food and companionship.

Vernice Durand is chairman of this group, and Mr. Ed Hartley, age 84, was elected vice-chairman at the February 2, meeting. Prizes were awarded to Mrs. Delma Kiser, for the person traveling the greatest distance to attend the Meeting - she came from Depoe Bay, on the Oregon Coast. Mr. Hartley was also awarded a prize, as the oldest person present at the luncheon meeting.

The regular monthly meeting of the Upper Tualatin Community Center Council will be held on Thursday, February 12 at 8:00 p.m. in the Library of the Gaston Elementary School. This will be a joint meeting with members of the Hope Council Area, who have been invited to attend our meeting for the purpose of discussion of information on the development of a new center building.

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HOPE COMMUNITY CENTER (Area) NEWS:  
Sunset Grange Building - Telephone 324-3455  
Sunset Highway - Manning, Oregon 97125

**Council Meeting:** The regular monthly council meeting was held on February 4, at 7:30 p.m. at the Sunset Grange. Plans for a new community center, progress in Head Start plans, recreation plans, guitar classes and other possible classes, were discussed.

**Writer's Club:** A club for anyone seriously interested in writing, whether it be short stories, poetry, articles, or even collaborating with artists for cartoons, has been organized. The club meets at the home of Mrs. Kenneth Smith in Forest Grove, phone number 357-7018. All interested persons, no age limit, are invited to attend. Members work is analyzed, constructive criticism is offered, and instruction is also given in study of the writer's market.

**Head Start:** A Parents Advisory Committee, under the chairmanship of Mrs. Pat Shaddon, Tel. 324-9321, is working to sign up candidates for Head Start. If you know of children who will be six years old on or before November 15, 1970, please call Mrs. Shaddon. Low-income families are given preference.

**Guitar classes:** Through the efforts of Pacific University, Neighborhood Youth Corp, and interested community residents, guitar classes are being set up for our area. All interested persons are invited to contact the CAP Center, 324-3455, Sunset Grange Hall, for further information. Norman Linn will be the instructor.

**Residential Manpower Center:** A new program begins February 23, offering vocational and educational training for girls from low-income families. This program is operated through the Portland School District. Residence in the newly remodeled Victoria Hotel is included for the sixty girls who will be enrolled in this training. Three girls from our area have been referred to the Portland facility so far.

**Sewing Classes:** Mrs. Charles Pine and Mrs. Roy Tudor have organized a free sewing class, held at the Grange Hall every Tuesday from 1:30 to 3:30 p.m. Each person attending is invited to "do her thing", that is, to make what she is especially interested in, and to progress at her own pace. Volunteers are teaching the class.

**Money Management Class:** A number of women in our area have enrolled in a free class called "How to Manage your Money", offered by the Farm Extension Office. The class begins March 4, and anyone interested in learning how to stretch that shrinking dollar can contact the CAP office, or the Extension office - Tel. number 648-8771.

**GED Classes:** As yet, no teacher has been found for our local GED class. In the meantime, all persons interested in studying for their high school equivalency diploma can enroll at the Forest Grove Multiservice Center. Classes are held on Tuesday and Thursday evenings, from 7:00 to 9:00 p.m. One student from our area has already signed up for the Forest Grove GED classes.

**Youth Activities:** A Youth Committee, composed of Stanley Noble, Melvin and Allan Singleton, Steve Hills, Valerie Nichols, and two other girls whose names were not brought to the office in time for this issue, has been formed to contact Pacific University. Working through Mrs. Howard, Dean of Women, these students will attempt to find volunteers from Pacific University who will help with such activities as judo, weight-lifting, charm classes, music, art, and in whatever else students express an interest. All students from the Hope area are urged to contact any of the above committee members and make their interests known.

**Legal Aid:** Three families were referred to the Legal Aid office in Hillsboro this month.

**CAP Board Training:** Five members of the Hope Council reported to Emma Gross at Pacific University on January 17, for this training. They were enthusiastic about the session and believe it will make them more effective community workers.

Other agencies Hope Center staff has worked with this month include Upward Bound, the WIN Program of the Welfare Department, Portland Community College, the Health Department, and the Neighborhood Youth Corp.

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NORTH PLAINS AREA DEVELOPMENT ORGANIZATION (Community Center News)  
Commercial Street (next to Post Office) Tel. 647-5515  
North Plains, Oregon 97133

**Red Cards:** This is a new service being offered to senior citizens. Red cards are used for emergency needs such a food, clothing, transportation and health. When the cards are given to the older people in our community it is explained to them that any time they are in need of help, they are to place the red card in a window or in a place where it can be seen by anyone passing by. CAP has publicized the Red Card program through publicity in The Argus and in other ways so people may be familiar with the program. Anyone seeing a red card in a window is asked to notify the North Plains Community Center so we may contact the person and find out what emergency exists and provide help as needed. Gen Kemper is the chairman of the Red Card Program and Lester Cypher is Honorary Chairman.

To date, there have been about ten cards distributed among the elderly people of North Plains. The red cards are taken out in a packet containing a flyer describing services of FISH, a brochure describing Home Health Care, a page of county services for senior citizens, including North Plains Community Center, Grandma's Corner in Gaston and the Red Card.

The people of the North Plains Community Center are trying to find out some of the ideas of other school districts on how to solve the drop-out problems. Linda Jones has written letters to Eugene, Milwaukie, and the Scappoose Schools requesting information on how they started their programs. A reply has been received from the Eugene School District asking us to visit their schools. At the present time there are about 150 school-age people from North Plains and the surrounding areas, who have either dropped out or are potential drop-outs. We hope to solve this problem. We have been working with Hillsboro and North Plains School Districts and officials beginning to define the problem.

Other alternatives to staying in school are also being explored. We are trying to organize a group of people who are interested in receiving their GED instruction and diplomas. We also took two young people to the Portland Residential Manpower Center recently, for interviews.

Please check at the North Plains Community Center for the March date of the meeting of the North Plains Area Development Organization Council.

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GED CLASS SCHEDULE:

Monday and Wednesday - Community Action Office - 7:00 to 9:00 p.m.  
558 S. E. 10th ----- Instructor - Mrs. K. Wyckoff  
Hillsboro, Oregon

Tuesday and Thursday - Multi-Service Center - 7:00 to 9:00 p.m.  
2033 "B" Street ----- Instructor - Mrs. K. Wyckoff  
Forest Grove, Oregon

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The monthly meeting of Washington County Community Action Organization Board of Directors will be held on Wednesday, February 18, at the Hillsboro City Hall, S. W. 2nd, at 8:00 p.m.

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COMMUNITY ORGANIZATION:

In recent weeks, emphasis has been placed on providing information to interested groups, of the role played by Washington County Community Action Organization in its activities as an OEO funded program. Speaking engagements and group meetings have been arranged with churches and various organizations to explain the work done through our community centers, the Multi-Service Center at Forest Grove and the staff of the Hillsboro office.

Various phases of community action work were presented to the Valley Community United Presbyterian Churchwomen at five different meetings. The Christ Methodist Church, the Christian Women Clubs of both Beaverton and Tigard and other organizations have been among those who have learned of services needing volunteer effort and have responded with either individual volunteers or group offers of help to participants.

Due to the cut-back in the budget for OEO funded programs for the coming program year, it will be necessary to rely more and more on volunteer assistance for services to participants in community action programs. Anyone interested in Community Action work as a volunteer is asked to contact Mrs. Jan Spencer, 2033 "B" Street, Forest Grove, Ore., telephone number 357-6109 - Multi-Service Center.