



I still need a name News

FEBRUARY 20, 2004

Deadline is the Friday before pay day; Contacts for articles are: Child Dev. -Farzana Siddiqui, F&CR – Beth Dasher, Morale & Wellness - Natalie Horne. All others – Winnie Althizer Editor: Winnie Althizer.

DIRECTOR'S CORNER



Jerralynn Ness
Executive Director

I wanted to share with you input staff has given in response to the question: What would be the best case scenario for your program area in three years? Here is a sampling of responses:

All programs have stable, adequate funding & keep the same staff. We have a presence in Beaverton. Sufficient, accurate, complete, user-friendly data collection. Systems in place that assist us in doing our job & aren't barriers to providing services. AKD expands to Hillsboro. Head Start has a smaller waiting list, fewer kids with extensive dental needs & effective mental health services. CCR&R has a training center & total collaboration with Head Start. We are a lead agency around homeless & housing issues, homeless singles get served & homeless get into housing. 211 is operational & meeting our county's I & R needs. Energy assistance is year round, Weatherization operates at full capacity & rent assistance is adequate & stable. Opening Doors clients are served through 6 months postpartum & New Parent Network is adequately funded. Resource Development expands staffing to work with the faith community & we are local donors first choice for giving. HR & IT are adequately staffed & equipped to support agency needs. Processes are automated & streamlined. Staff are competent and responsive to each others information, documentation and communication needs. Community Action is seen as the non-profit to work for!

Next time I will share a sampling of the "worst case scenarios"...until then!

NEWS OF NOTE



To participate on the Wellness Committee please contact Winnie & let her know you are interested. This committee will begin to meet in early March for the big day on May 14th. We would really welcome suggestions for more topics of interest to the males in our organization.

COMINGS & GOINGS

Welcome!! **Francis Nichols**, the new T1/Bus Monitor at Vose and **Katrina Hill** T1/Bus Monitor at Tigard.



UPCOMING EVENTS!

Board Meeting	
Strategic Planning	2-20
Safety Meeting	3-1
Hillsboro Chamber	
at main office	3-9
At a glance tour	3-11
Building Meeting	3-16
Head Start	
Policy Council	3-16
Board Meeting (reg.)	3-18
Holiday (St. Patrick's)	
not a paid holiday...	3-17

CA STAR



Byline – Joan Brown
Rosie Garza

Rosie Garza works out of the King City office as a Family Support Worker for the Opening Doors New Parent Network program. She started out as a VISTA volunteer and immediately loved the work. She considers her VISTA experience a life-changing event that spurred her on to continue her education. She says she loves working with the families and kids because she is able to help them obtain the resources they need to succeed. She says, "If they're happy, I'm happy." In addition to many other trainings, Rosie has taken an Infant Massage course and is scheduled to become a Car Safety Seat Technician for Opening Doors.

Rosie is a mother of two boys and currently the foster mother of four additional kids. Dare I say she also has a dog, Chica? Needless to say, she is busy!! For fun she reads Danielle Steele and The Box Car Kids books. To keep the kids busy they go swimming, to movies, play video games and fish for trout and catfish when the weather is nice.

FAMILY & COMMUNITY RESOURCES



The next Ready To Rent Housing Readiness Training begins in Hillsboro on March 22, from 5 - 7 PM at the Hillsboro Family Resource Center at 222 NE 6th Ave.

In Beaverton, the next training begins on March 10, from 6 - 8 PM at Spencer House Apts. Community Room, 13665 SW Larch Pl.

Ready To Rent is tenant education for those who face barriers to renting, e.g. eviction, poor credit, criminal history. There are landlords out there who will consider those who are trying to correct past mistakes! Clients may call 503-640-3263 to sign up for a class.

Happy Face...

Have you ever wondered where the yellow happy face picture ever originated? The Child Care Resource & Referral staff are convinced that the artist must have met our wonderful co-worker Bobbie. Bobbie recently celebrated her fourth decade of smiling. We especially appreciate her patience and expertise. She is very patient and understanding even at the end of a very busy day. If you spot someone walking down the hall with a big smile on her face, chances are you just met Bobbie. Congratulations and thank you for all that you do Bobbie!

CCR&R Staff

CHILD DEVELOPMENT

Mary Rellergert, a parent at A Kids Domain lost her battle with cancer and passed away last week. Mary's three children attended A Kids Domain over a period of 6 years. Mary worked at the forestry center and brought several educational programs and experiences to AKD children on "No school days". Mary Rellergert's service will be on Saturday, February 14 at the World Forestry Center (near the zoo) at 1:00pm.

We are entering that time of the year when we prepare next year's budget and our annual grant application. Your help is appreciated when asked to provide information or documentation needed to complete the process.

Congratulations to Carol Stewart who stepped forward last fall to take on the tasks of scheduling trainings for the Pre-K program.

Topics – Allergies

A tea party may be the perfect prescription for annoying allergy symptoms.

A recent study revealed that a compound in green tea may help inhibit certain aspects of the immune system response that produces allergy symptoms. Whether it's grass, pollen, pet dander, mold, or dust that makes you miserable, regularly drinking green tea may help.

Chocolate Therapy

Warming yourself up this winter with an occasional cup of hot cocoa may be a heart-healthy habit. A recent study revealed that hot cocoa can be a rich source of flavonoids, plant compounds that have a positive impact on heart health. To make your hot chocolate heart-healthy, use a recipe that calls for dark chocolate or cocoa powder; these are rich in flavonoids. Also, keep fat and calorie counts down by making your cocoa with nonfat milk.

Tips

RECIPES – Abigail's Buttermilk Scones

Mix together with a fork:

- 2¼ cup flour
- 1 tsp baking powder
- ¼ tsp baking soda
- ⅛ tsp salt
- ¼ cup sugar

Blend in with pastry blender, fork or fingers:

- 2½ tablespoons chilled butter

Add: 1 cup buttermilk

Fold dough together to mix in all the flour. Turn onto a floured counter and knead until the dough takes on a satiny finish

Roll or pat dough to about ¾" thick. Cut in triangular sections or use a glass (dipped in flour) to cut out rounds

Bake on greased cookie sheet 10 –12 minutes in a 425° oven

Serve when warm with butter and jam or clotted cream and lemon curd
...or whatever your heart desires.

WHAT'S DEVELOPING?

Resource Development has been gearing up for the Community Spirit Dinner to be held Thursday, April 22, 5:30-8:30 PM at the Oregon Zoo. We are preparing for the largest attendance to date including several new business sponsors. Provided that the dinner is normally attended by 200 guests representing over 50 small and large businesses celebrating and promoting corporate philanthropy, we will be very busy in the next few weeks.

Monthly Luncheon and Tour

As you may have seen, Resource Development hosts a monthly tour and luncheon for anyone interested in learning more about the causes and conditions of poverty. **These events are also open to you as staff members.** Please take the opportunity to attend and invite a friend who shares your commitment to helping people.

Remember, these tours were designed to make your guests feel comfortable and inspired about what we do everyday here at Community Action.

- The lunch is free.
- It is only 1 hour from 12-1pm.
- We do not ask for money or donations of any kind at this event.
- You may attend with your guest.

If you know someone who may be interested, call Jodi Davis at 503.693.3254 for future tour dates.

USTOUs – SALES, SERVICES, NEEDS

CHECKS & BALANCES

Fiscal – Travel Reimbursement (Mileage Sheets) –
We are receiving a lot of Travel Reimbursements using the old form with 34.5 cents per mile. Please throw away these old forms and use the new form with 37.5 cents per mile. If you need an original to make copies from, or just need us to send you copies of the new form, please give me a call at (503) 693-3243. If you have any questions, please don't hesitate to call me. Thank You, Ann :-) ☺

We deeply regret the computer error that caused the re-issue of W2's for 2003. As noted in your paycheck, the W2's will be reissued showing the correct state earnings as quickly as possible.

LOOKIN' FER WORK IN ALL THE RIGHT PLACES

See this info * at:

Common CAO MainCAOInfo/HR Resources/Current Job Descriptions.

Administration

Child Development

Teacher I (Sub in Pre-K)	\$8.00 – \$9.20
Teacher II p.t. Bvtn CDC	\$8.79 – \$10.68
Teacher II (Sub 4 pos) Bvtn CDC	\$8.79 – \$10.68
Teacher II (Sub 2 pos) Hillsboro CDC	\$8.79 – \$10.68
Teacher III (Sub) Coffee Creek	\$10.55 - \$13.46
Teacher III (Sub 2 pos)	\$10.55 - \$13.46
Teacher III (Sub 2pos) Bvtn CDC	\$10.55 - \$13.46
Teacher III- Gaston	\$10.55- \$13.46
Ed. Specialist – Home Visit	\$11.61 – \$14.09

Development Advancement

Family & Community Resources

SAFAH Family Advocate FT	\$11.21-13.62
SAFAH Family Advocate – (Temp. 3mo. Assignment)	\$11.21-13.62
Community Resource Advocate	\$11.10 - \$13.48

**NOTE: Please check this address weekly for current information and details. We have many jobs in development that will be posted before the next publication and we will take applications as each job is posted.*

HR - Ask Winnie Benefits, Diversity...

Q&A)

Reminder: If you need to choose a dentist think about Gentech. When you go to Gentech they will designate 5% of the cost of your dental work go into one of two funds for Community Action clients. You can choose for it to go into Head Start (for Head Start kids) or Housing and Homeless Services (for children and adults living in the shelter or participating in the SAFAH Self-Sufficiency program). Gentech is one of the many dentists in our communities who provide pro-bono work for many of our clients – and they have been making a big contribution to Community Action.

Sometimes you come across something that puts it all in perspective. Now that I'm maturing faster (than I want to) I am receiving annual letters from the Social Security office (like I need them to remind me how old I am!!) that tell me what my income will be when they let me retire – it also lists your annual income from the beginning of your work life. 1961 was the first year I held a 40 hr/week, 52 weeks/year job and my total income for that year was \$2,200. hhhmmmmm I was proud of each and every one of those dollars.

SAFETY

Please remember that all staff have a responsibility to report all work injuries to their supervisor. Even if it is a paper cut! If the injury should turn into something more serious, then we will have most of the info we need to submit to the Worker's Comp insurer and be in a better position to provide support to the employee in the event they need time off from work. The failure to report injuries could lead to liabilities for the organization – failing to report the injury to the State within 5 days can also lead to liabilities for our organization. Please help us by doing your part.

MARCH 2004 BIRTHDAYS



3/4 MARCI GURROLA
3/5 BROOKE ZIMET
3/9 EMMALU LAMPING
3/10 NATALIA MERECIAS
3/10 JENINE MACON
3/10 LETICIA FLORES
3/12 BETH DASHER
3/13 FABIOLA CONTRERAS
3/17 PATRICIA GAMBOA
3/21 HARRY WEIERS JR
3/24 MICHELE WALKER
3/25 TERRI SMITH
3/26 ALDINA ORELLANA
3/29 CHARLOTTE SALGADO-ZERBER

If you want your birthday acknowledged, be sure to complete an authorization form – contact HR)

MARCH 2004 ANNIVERSARIES



SANDRA KITCHEN	22YRS	3/1
KAREN HENKEMEYER	6YRS	3/2
JAN OSTBY	1YR	3/6
CLAUDIA HERNANDEZ	2YRS	3/8
CLAUDIA GUTIERRAZ-GARCIA	2YRS	3/11
DONALD ROGERS	2YRS	3/11
GAIL BOYLE	3YRS	3/12
TODD BENTLEY	2YRS	3/15
TERRY ANDERSON	6YRS	3/17
JERRALYNN NESS	31YRS	3/17
DORIS HARRIS	3YRS	3/20
DONNA BENNINGTON	23YRS	3/23
ROCINA HERNANDEZ	6YRS	3/24
CYNDY VON OFENHEIM	2YRS	3/25
KEITH BYERLY	6YRS	3/31
ELISA GURROLA	3YRS	3/31