



GEARS

Gaining Empowerment Access Responsibility Support

Neighbors
Building
Communities
That Care



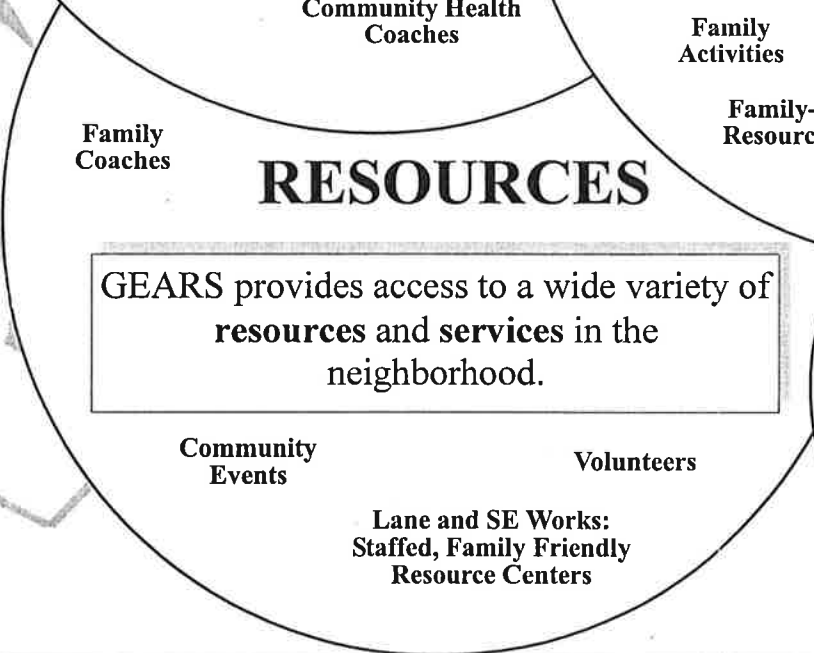
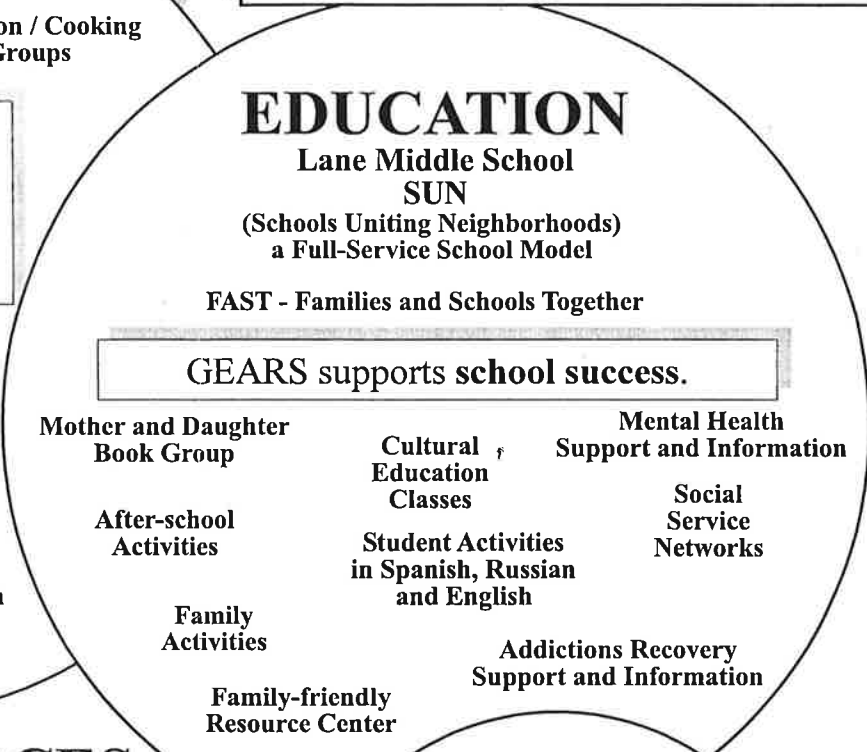
A program of Metropolitan Family Service

GEARS

Gaining Empowerment Access Responsibility Support

- GEARS is a team of multilingual neighborhood leaders and social workers committed to building on individual and community strengths.
- GEARS promotes **Health, Education and Resource** networks in the neighborhoods of Brentwood-Darlington and Lents.
- GEARS supports family and community strengths by building natural support networks.
- GEARS **collaborates** with hundreds of organizations and individuals.
- GEARS encourages participants to **give back** to their community.

"I needed a focus and needed to reach out and make more friends...[GEARS] was so supportive in setting and meeting my goals. Thanks again for the opportunity for being a participant in your program, and I look forward to working with you as a part of the community."

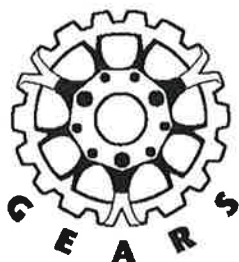


Come by and visit us or become a volunteer at:

- **Lane Middle School**
7200 SE 60th Avenue
(503)988-5952
- **SE Works**
6927 SE Foster Road
(503)772-2300 x311

Call our main office (503) 988-5952
Or fax: (503) 988-6102

**GAINING
EMPOWERMENT
ACCESS
RESPONSIBILITY
SUPPORT**



GEARS is a program of Metropolitan Family Service.

**To build healthy
communities from within
by providing resources,
support and opportunities
for neighborhood
involvement.**

GEARS

**at Lane Middle School
7200 SE 60th Avenue
Portland, Oregon 97206**

Phone: (503) 988-5952

Fax: (503) 988-6102

email: gears@metfamily.org

**Metropolitan Family Service web page:
www.metfamily.org**

Metropolitan Family Service is a United Way agency
and a charitable non-profit organization.
Your contributions are tax-deductible and greatly appreciated.