

Deadline is the Friday before pay day; Contacts for articles are: Child Dev. -Farzana Siddiqui, F&CR – Beth Dasher, All others – Natalie Horne, Roving Reporter: Joani Hagen. Production: Christina Taft. Editor: Winnie Althizer



## Director's Corner

Ex. Dir – Jerralynn Ness

A few issues ago, I talked about the six week course on "Understanding Racism" that Renée, Sharon BB, Winnie and I were able to attend. We agreed unanimously that it had great value in helping us to better understand issues of racism and what we personally can do to reduce racism. The Foundation states that personal change is underrated and offers these thoughts to encourage us in this important work:

"First, there is the impact on people of other races we come into contact with. Sensing a caring presence has inestimable value. Trust can develop when we respect people for their individuality, are honest about our feelings and do our best to reduce our racist impulses. It can make us feel good as well."

"Second, modeling behavior is very powerful, probably more powerful than preaching, particularly with children, who (as parents know) are at one time or another watching, learning from and probably imitating our every move, and developing values, prejudices, and stereotypes based upon those."

In my next column, I look forward to continuing this discussion....stay tuned!

## News of Note

We are trying to get the Open Enrollment meetings scheduled for the middle of June and will let everyone know when those dates are finalized – we simply don't have them firmed up as of this publication date.

Please note we have new help with producing the Paycheck News. Natalie Horne will be helping with the "type setting" part – THANKS Natalie!!

## Comings & Goings

Say "WELCOME" to some new folks: Natalie Horne is our new Executive Assistant reporting to Jerralynn; Rebekah Armitage is a new Teacher I at JB Thomas; and Rosa Loayza is a new Substitute for Early Head Start. We have good folks at CAO and we know you'll enjoy getting to know us.

Well, some more sad news folks.... Jeri Alcock is moving up to a Director of Development position for a non-profit in Salem – great news for her & well deserved, but sad for us. Also, Ginger Williams of Opening Doors will be saying good-bye to us next week. Good luck to the both of you.

## CAO STAR

by Joani Hagen

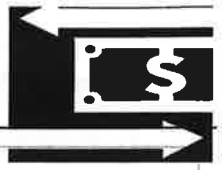
It's been 16 years since Vicki Ware D.M. (the initials stand for dietary manager) started to work for Community Action Head Start. She didn't know what Head Start was and wasn't sure she wanted a job because her daughter Stephanie was only 7 months old at the time. But the employment office had referred her so she interviewed for the cook position at the Cornelius center and was hired.

Vicki says, "It's the best thing that ever happened to me as far as being a mother. I learned about parenting and raising kids through watching, observing and being with teachers." She also stated that she appreciates the education she has received on the job.

Growing brightly- colored summer flowers is a favorite pastime. She's going to miss working in her flower garden this year because her job now keeps her employed through the summer. That may mean that she will have fewer trips to the beach, too.

Vicki is very involved with her kids. 14 year old Kelsey plays first base for a softball team. "I'll be on the bench cheering her on -- or covering my eyes when the pressure gets too much."

# Programs – Top 10 Hits



## Family & Community Resources

Nothing this week...  
Watch for news in the next issue.



## Upcoming Events!



Next Bldg. Meeting....6-11-02  
Safety Meeting.....6-3-02  
HR Focus Group.....6-7-02

## Child Development:

The USDA/CACFP review began on Monday, May 20 and included review of some records and site visits. The review team will be back on Tuesday, June 4 to review administrative records related to nutrition program.

There are several end of the year/Head Start graduation celebrations scheduled for the week of May 28. Please check the weekly Head Start bulletin for dates and times or call Elaine at extension 271 for more information.

A Kid's Domain, the before and after school program is accepting applications for fall enrollment.

The summer program, Camp ECO, is also scheduled to begin on Monday, June 17th. Staff are very busy at this time planning activities and field trips to make it a fun summer for the children. Camp ECO will be held this year at Echo Shaw Elementary school.

## Topics

Coming event is the annual Picnic. We'll have the exact dates and places in the next Paycheck news – just giving you a hint of a good time coming.

## Recipes

*Anybody have any good BarBQue recipes? Don't forget the 4<sup>th</sup> of JULY is coming and folks will be looking for some good eats. Send your recipe to Beth in F&CR, Farzana in Child Dev., or Natalie Horne in Administration. We'll make sure it gets in the Paycheck News.*

## Morale & Wellness

Did you know that one cup of black tea has enough fluoride to help prevent tooth decay? And, green tea has twice as much.

**DiETING DOCTORS:** Sometimes we wonder if they do (diet) or...?? A recent poll shows 40% of doctors said they were unhappy with their weight. 35% reported trying to trim excess pounds the previous year. Most common strategy used: simply eating smaller portions.

Here's an idea.... take a "good news" inventory. at end of the day, jot down all the good things that happened. It's surprising how much goes right!! And, you'll sleep better.

## Tips

## What's Developing?

Nothing new this week...

But watch for something in the next issue!



## Lookin' fer Work ... ... in All the Right Places

See this info \* at: Common CAO Main/ CAO Info/HR  
Resources/ Current Job Descriptions.

### Administration

Office Specialist II 8.66 - 11.55

### Child Development

Early Head Start Family Support Wkr. 9.33 - 12.44

Family Advocate JB Thomas 9.33 - 13.40

Teacher I (Aide) ON GOING 8.00 to 9.20

### Development Advancement

Volunteer & Community Relations Spec. 9.92 - 16.54

### Family & Community Resources

CCR&R Spec. 9.24 - 12.82

Shelter Assistants ON GOING 8.00 to 9.22

\*NOTE: Please check this address weekly for current information and details. We have many jobs in development that will be posted before the next publication and we will take applications as each job is posted.

## Checks & Balances

Nothing to report this week.  
Perhaps in the next issue?

**Fiscal**

**I & R**

**Tip IT**

*Hope everyone had a good  
Memorial Day!  
(9-11-2001) In our hearts  
forever...*

## Us to Us – Sales, Services, Needs

Something for everyone!

**Neighborhood Yard Sale Extraordinaire!**  
Kids clothes and items, furniture, collectibles  
and treasures, snow tires, plants, tools, old  
postcards and much more!

See you Saturday, June 15

8 am to 4 pm

16th & Cedar Streets, Forest Grove

*submitted by K Ludwig*

## Last Page (we know you'll miss us)

### HR (Benefits/Diversity/Q&A) Ask Winnie



Just a reminder to those people who are going on layoff in June. All the COBRA Notices have been distributed to you and you need to complete & return ONLY the Election form to HR. This form should be completed whether or not you are taking COBRA during the summer (check yes or no on the form). Remember to sign & date the Election form before you return it. I ask that you make your decision and return the form to HR as quickly as possible – this helps us get all the correct information to the insurance carrier in a timely way (& we hope with less errors). Thank you very much for your help.

Once again, I'd like to let you know that we will have several open enrollment meeting during June, but as of this printing I do not yet have the dates set (I know – it's cutting it close). We will send out information to everyone about the dates of the meeting and the changes coming on 7-1-02. Attendance will be voluntary, but because it is important information, I urge you all to attend. This year we will have 2 open enrollments – one in JUNE and another one in SEPTEMBER. STAY TUNED.

### Safety

We will be meeting in June and will have updates for you in the next Paycheck News.



### JUNE ANNIVERSARIES

Lupe Garnica	8 yrs.	6-01
Larry Hauth	1 yr.	6-11
Marilyn Harrison	19 yrs.	6-16
Jessica Mooyman-Beck	1 yr.	6-18

### JUNE BIRTHDAY'S

Anne Schlereth	6-03
Bob Watson	6-04
Sandy Kitchen	6-06
Josie Kuhn	6-06
Gail Hildermann	6-11
Melissa MacKay	6-13
Joanie Hagen	6-14
Emma Hanley	6-16
Manuela Pacheco	6-17
Matthew McMaster	6-17
Judy Schilling	6-19
Marilyn Whitman	6-19
Debra Griffin	6-20
Sylvia Castellano	6-30
Sonia Y. Diaz	6-30

The Happiest of Birthdays and Anniversaries to all.