



## Board Retreat Notes February 28, 2003

- Location:** The River House at Rood Bridge Park
- Facilitator:** Holly Pruett
- Present:** Cathy Stanton, Craig Kinnie, Cynthia Hanna, Dan Aberg, Dick Stenson, Don Bohn, Kevin Aguirre, Leroy Bentley, Leslea Smith, Mark Christensen, Mary Alice Ford, Ralph Brown, Ron Sarazin, and Vickie Rocker.
- Absent:** Alfredo Solares-Vega, Kimberly Hernandez, and Tom Hughes.
- Staff:** Jeri Alcock, Jerralynn Ness, John Russell, Marilyn Harrison, Natalie Horne, Renee Bruce, and Winnie Althizer.

The planning session commenced at 8:45 a.m.

### **Agenda Review & Introductions**

*What is your greatest interest or passion right now as it relates to involvement with Community Action.*

Everyone Contributed.

*How will we know we have been successful at the end of the day?*

Jerralynn's "Measures of Success" for the retreat

- All engaged, energized
- Staff contributions minimal, but useful
- We leave with a sense of our various perspectives
- We achieve a common understanding of poverty
- Awareness is raised about our work, providing groundwork for planning
- Clarity is achieved about our promise and who we are
- Board is better positioned to serve as advocates and ambassadors

### **Understanding Poverty**

*Exercises and discussion to explore Community Action's role within the context of larger societal teachings about poverty.*

What did we learn about poverty growing up?

#### Childhood Learnings

- Compassionate connection
- See the humanity in each person
- Man seeking to help self (work)
- Poverty = overseas, race, immigrant, "pagan babies"
- Community took care of each other; poverty not visible
- Community is what you make it
- I never thought of myself as poor – but its all we knew
- Education = key to success
- There's always someone worse off
- Poverty hidden from middle class
- "Wrong side of the tracks"
- Desire to distance/blame

What words or images come to mind when you hear the word “poverty”? “Low income”?

- not clean
- different lunch ticket
- low intelligence
- don't spend \$ wisely
- lazy – “doesn't want to work”
- immoral
- want something for nothing
- food stamps –criticize food choices/purchases
- subject to ridicule
- generous, intelligent
- resourceful
- motivation
- survivors
- hopeless
- at fault, to blame
- elderly
- deserving vs undeserving poor
  - choice to be poor
  - drugs
  - teen moms
- pride
- relationship-oriented
- angry
- transit users
- limited expectations, hopelessness

Implications for Community Action: discussion of why CA does what it does within the context of larger societal teachings about poverty.

- self-determination – what now? what next?
- enabling vs assisting
- take people where they are
- mission statement doesn't distinguish between motivations
- resources are limited, service levels dropping > prioritize vs 1<sup>st</sup> come 1<sup>st</sup> served
- “hurdles” /eligibility requirements
- Washington County priority = families
- requires understanding of survival skills / compassion
- services & hope
- skills, mentorship, relationships \ hope
- understand impact of judgements
- high expectations
- support for self-esteem

## The Promise of Community Action Nationwide; our Local Community Action Mission

In what ways does our local Community Action fulfill the promise? In what ways do we fall short?

- Changes peoples lives
  - One on one through education and advocacy
    - + Head Start
    - + options when people have none
    - + people can make a difference
    - + conveys respect
    - + business start up
    - + mobilizes resources
    - + committed to struggling vendors
    - + services connected to education (but not always)
  - limitations of 1 time services
  - limitations on service #s
  - how to maximize resources, “return on investment”
  
- Embodies spirit of Hope
  - + donations will make a difference
  - + “can-do” spirit, show up for work
  - + role models
  - + relationships, respect
  - + staff exudes optimism, mission driven
  
- Improves Community
  - + Head Start
  - + responsive to county needs
  - + county-wide participation
  - + King City center
  - + multiple partnerships – they show up
  - + created stand alone CDCs, Food Bank
  
- Entire Community
  - question re: gender of clients, feminization of poverty?
  - additional community education
  - never enough
  - services for singles
  - not as present geographically as desired
  - continued attention needed to cultural competency, bilingual abilities – in addition to Spanish
  - policy advocacy-capacity
  - services to undocumented residents limited

- Individuals help themselves and others
  - + Modeling, one on one support, among groups
  - + Systems-based approach, address root cause
  - + Empowering approach connects people e.g. policy council, shelter
  - + “to have something better in mind”
  - + knowledge, skills, ability to overcome obstacles
- Untapped potential of community to give/help both from people of means and from low income people
- Increase self-help networks, peer support
- Increase volunteer opportunities – don’t leave as much on the table
- Increase low-income representation

## Envisioning the Ideal Community Action /the Niche

- What would our core competencies be?
  - Assistance tied to education
  - “Case management”
    - adequate time and staff
    - holistic, follow through, broker resources
  - ability to administer and coordinate county-wide
  - accessible in the community
    - visible, can get there, open
    - language
  - understands face of poverty
    - viewed as experts
    - programs responsive
    - respond to changing needs
  - hub for volunteerism
  - knowledgeable, compassionate staff
  - ability to leverage and expand resources
    - information & referral
  - knowing mission – how to apply it
  - providing great place to work
  - passion to serve others
  - fiscally responsible
  - capable & bold management team & board
  - holistic, empowering approach
  - not doing what others can do
  - low overhead, high impact, cost effective
  - being “at the table”
  - mission-based
  - resource to the whole community
  
- What would be the experience of the people we serve?
  - Self respect, self worth
  - Self-sufficiency
  - Encouraged to hope
  - Easy access
  - Full knowledge of what to expect, what’s expected of them
  - Vision of their potential, hear a “yes”
  - Leave with something, information or needs met -measurable and meaningful results
  - treated with respect
  - appreciation of, and rapport with, staff
  - credit & recognition of abilities & efforts
  - agency perceived as competent
  - guidance provided
  - self-esteem improved

- What is client's belief of who we are when they walk in & walk out?
  - trusted partner with the community
  - trusted steward
  - *working together we can* provide opportunities for people to improve their lives
  - *services are cohesive, cover spectrum*
  - *every person matters*
  - take them where they are today
  - helping people help themselves - people are capable
  - education
  - sustainability
  - we believe in you, high expectations
  - elicit self growth
  - take care of emergency, then "what now"
  - take care of staff
  
- What would our relationship with the larger community look like?
  - relationships with Hispanic community, bold Latino leadership
  - opportunities for people to channel compassion
  - ties to all sectors
  - opportunities for volunteers, donors
  - continuous publicity > educate community
  - knows who we are, what we do & trusts us to do it well
  - visible
  - provide excellent & trusted information on poverty issues
  - recognized leader & active participant in issues of poverty
  - throughout Washington county
  - thoughtful, strategic alliances based upon mutually identified needs
  - fully integrated in entire community's needs & goals, e/g economic development
  - image projected externally beyond WA Cnty
    - Portland, Multnomah Cnty
    - Oregon
    - Wash D.C.
  - "the" place to direct resources to help low-income
  - easy to connect with
  - outreach to elderly
  - synergy w/other providers to amplify, not duplicate
  
- Improving Community Action's relationship w/community
  - outreach to HR/employment assistance for businesses
  - build Latino leadership
  - who doesn't know us?
  - can be perceived as large, dominant; "institutional" vs. grassroots (e.g East County)
  - resolve I&R provision questions
  - technology = bottomless pit
  - position Community Action so businesses understand return on investment; leverage
  - shift view from charity > partner
  - improve business understanding of human capacity of their staff
  - how to get community to take responsibility for those in need?
    - feel the passion
    - provide outlet
  - increase volunteer & donation opportunities

- Based on this discussion, how do we define Community Action's niche?
  - geography (location), mission, programs, promise
  - serves families
  - provide service to (many) who are least able to help themselves
    - exceptions: mental health, etc.
  - not a government organization
  - robust, breadth, longevity – time proven
  - leader/resource in anti-poverty programs & advocacy
  - diversity of services, holistic approach
  - effective fiscal management and management
  - “split personality” defined by services and as community leader/partner
  - a bridge between people who do/don't have power
  - diverse source of funds
  - effective, trusted private manager of government funds
  - broad reach within narrow focus of poverty
  - a key partner, doesn't “own” the issue
  - services – focussed
    - how do they “roll up”?
    - what do they add up to?
  - partnerships – broad with varying roles
    - catalyst
    - leader
    - partner
  - struggle with brand equity in market, e.g. visibility in Intel employee base
  - organic evolution
  
- Challenges:
  - internal clarity about niche but need to increase connection to resources to amplify/leverage
  - “brand management”
  - “well run organization that helps people to get on their feet”
  - easy way to explain suite of services
  - an umbrella organization that balances resources & needs (define 1 step above specific services)
  - “holding company” risks losing localized, specific ID
  - who are we beyond what we do?
  
- Based on this discussion, is there a need to redefine Community Action's Mission?
  - “our community” > the community
  - Community Action in partnership
  - focus on entire community (– red flag)
  - service delivery PLUS umbrella – both reflected
  - “self-determination” – controversial
    - evolved from “self-sufficiency”
  - education component not in there
  - strive > achieve
  - focus also on helping entire community
  - articulate & project the pride of association with Community Action

## Next Steps & Retreat Evaluation

- Retreat evaluation
  - + achieved goals
  - + dialogue with Board
  - + connections
  - + reaffirmation of direction
  - + ✓ comparison of views
  - + ✓✓✓✓ grappling with niche
  - + ✓ impressed with new-comers alignment, buy-in
  - + high expertise level, ability to dialog, passion & commitment
  - + ✓ process, interaction
  - + ✓✓ staff supported by Board
  - + common understanding
  - + stayed above program level
  - + timely as new member
  - + focus on poverty
  - + facilitation
  - + no huge issues!
  - No action steps defined
  - (room) temperature

### Next steps

- Staff will utilize information developed today for annual and strategic planning.
- Specific information will go to Board committees to work with
- Actions developed will be reported back to Board