

# SOUP newsletter

**CHILD CARE FOOD PROGRAM** at Community Action Organization

**OCTOBER 1998**

## WELCOME ON BOARD

The Child & Family Support Program at CAO has a new Program Assistant, Beth Dasher. She will be helping with ABC Soup's administrative tasks. She was formerly a VISTA Volunteer with Opening Doors, and is excited to be working at Community Action. If you have questions for her, she can be reached at 693-3291.



## Community Action Holiday Bazaar

CAO is once again holding its annual Holiday Craft Bazaar. It will be on Saturday, Dec. 5, from 10 a.m. to 5 p.m., at the Community Action building on 1001 SW Baseline in Hillsboro. If you need directions or have questions, call your specialist.

## "WE WISH YOU WELL" Survey Results

The Oregon State University Extension Services would like to thank all of you who took the time to participate in their survey. Here are the results. Of the 120 providers surveyed:

68% remembered the "Cool it soon" magnets, and of those, 66% reported refrigerating foods sooner as a result of this reminder.

54% recalled the "Keep it clean" message. 79% of those had used a sponge and 26% reported cleaning surfaces more often as a result of this message. (64% reported cleaning surfaces often before the reminder.)

33% recalled the "Cook it well"

message. 34% of these reported a change in the way they cooked meats, and 76% reported using a pot holder. (52% reported they already cooked meats thoroughly.)

54% thought that individual training was the best way to share food safety information with child care providers.

*Survey reports brought to you by Carolyn Raab, Extension Foods and Nutrition Specialist.*

## Calendar Keeper 1999

The new Calendar Keepers are in!! For those of you who don't already know and love them, the Calendar Keeper is a calendar made specifically for Child Care Providers. It serves as a record keeping system, and offers information and advice on such things as nutrition, taxes, attendance and more. They are \$8.00 for the calendar alone, and \$15.00 for the Calendar Keeper and The Basic Guide (a "how to" for Family Child Care Record Keeping). If you would like one, contact your specialist.



## Here's something to chew on... Nutty Apple Wedges

2 Large apples, cored and sliced  
1 Cup Peanut Butter  
2 Cups Corn Flakes

1. Cut apples in 8-10 slices.
2. Spread peanut butter on wedges.
3. Roll in cornflakes
4. Enjoy

## DPU and You

**November 19, 1998**  
**7 to 9 p.m.**

If you would like more information about Adult and Family Services, Employment Related Day Care or The JOBS Program, there will be an open forum to discuss these issues.

It will be held at the Northeast Portland AFS office, located at 4425 NE Broadway, Portland.

Topics will include: Roles of AFS Dept, Role of Metro CCR&R, Listing forms, Billing forms, Copay, and Attendance Logs.

There will be representatives from Metro CCR&R, AFS Direct Pay Unity, and AFS Child Care Unit.

For more information, Contact Mary Kay at 257-4118.

## ABC SOUP CCFP TEAM

### NEW PHONE NUMBERS with voice mail

Val Laws, Program Coordinator  
693-3285

Barbara Woodward, FCC Specialist  
693-3287

Ginger Cox, FCC Specialist  
693-3288

Margi Talavera, FCC Specialist  
693-3284

Rosie Gomez, FCC Specialist  
693-3296

Se Habla Español

WEBTREE – [abcsoup@grovenet.net](mailto:abcsoup@grovenet.net)

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